



*By Derry Prenkert*

When I talk to teens about areas in their Christian walk that could use a little more attention or work, two statements tend to rise up:

*Statement 1: I need to step up my Bible reading.*

*Statement 2: I need to step up my prayer life.*

This devotional is geared to help you in both those ways as you study Scripture and then take time to actually pray that Scripture back to God. The act of praying scripture can be a great way to guide our prayer lives. As you walk through this journey, I would recommend finding a consistent time during the day where you can have 15-20 minutes of uninterrupted time. If you go every day back to back you will have four straight weeks of daily time alone with God. If you miss a day, don't freak out. Just pick up the next day where you left off.

**NOTE:** *If your parents are working through their version of this devotional with you simultaneously, be sure to talk and agree upon the days you plan to go through it.*

Above all, allow this devotional journal to serve as a tool to help you connect with God through His word and prayer.

You are loved,  
Derry Prenkert

## DAY 1: KNOWING HIM

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**But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ and be found in Him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. I want to know Christ—yes, to know the power of His resurrection and participation in His sufferings, becoming like Him in His death, and so, somehow, attaining to the resurrection from the dead.**

**Philippians 3:7-11**

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You probably have a lot of goals in your life, and many of them are likely good dreams and aspirations. There is a big difference, though, between good goals and the best goals. We should want what is best, and it is important to remember there is no greater aspiration or goal we should have than knowing and experience the fullness of Jesus Christ.

**Pray today that your ultimate goal would not just be to “know about” but truly KNOW Jesus.**

*Father,*

*I have a lot of goals and dreams in my life, but whatever were gains I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing You, Christ Jesus as Lord. May I consider everything else garbage, that I may gain Christ and be found in Him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from You on the basis of faith.*

*Jesus Christ, I want to know You—yes, to know the power of Your resurrection and participation in Your sufferings, becoming like You in Your death, and so, somehow, attaining to the resurrection from the dead.*

*Amen.*

# 28 DAYS

SCRIPTURES  
PRAYERS

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FOR PARENTS OF TEENS

*By Derry Prenkert*

## DAY 2: LIGHT

●—————●  
**You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.**

**Matthew 5:14-16**

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It can get overwhelming when we think about the darkness present in this world. It can get downright scary when we think about trying to be a light for Jesus when we walk into some of those dark places. Yet, here's the thing about darkness... it is simply the absence of light. To put it another way, when light and darkness face off, light wins... **every time**.

Today, pray the light out of you and into this world.

*Lord,  
I believe I can be Your light to this world. As light in this world, may that light not be hidden, especially in these areas:*

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*Instead, may this light shine and spread to those around. God, allow the light to shine in my attitudes and actions in a way that others will see and know that it comes from You, Father in heaven.*

*Amen.*

# 28 DAYS

SCRIPTURES  
PRAYERS

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FOR PARENTS OF TEENS

*By Derry Prenkert*

***You'll never be a perfect parent,  
but you need to be a praying parent.  
-Mark Batterson***

There is no tougher job, and no greater calling than that of a parent. The powerful role a parent plays in their child's life cannot be overestimated. Your kids are drawing their cues on what it looks like to follow Christ from you more than they are any other person. This can be an incredibly motivating, convicting, and overwhelming thought. You won't always get it right or perfect. But you can always pray.

The exercise of praying scripture is a powerful tool to guide our prayer lives. This can mean either praying the prayers of the Bible word-for-word as your own prayers, personalizing portions of the Scriptures in prayer, or praying through various topics of the Bible. This prayer journal is designed for you to pray scriptures specifically for your teenage child. Each day contains a scripture, a devotional thought on that scripture, and a specific way to pray that scripture. Some days contain opportunities to journal thoughts and I've added assignments to put your prayer into practice.

Here are a few thoughts on how to maximize this devotional/prayer journal:

1. All prayers are designed in a way to pray for one child/teen. You may likely have more than one child. Feel free to adapt the wording to reflect your multiple kids. You can either pray for them all at once, or walk through the prayer for each child, one at a time (ex: You have three kids - pray Day 1's prayer three times over, one for each kid).
  2. Although the wording often points toward teen kids, this journal can easily be utilized for kids of any age (even adult kids). Again, adapt and make it work for you!
  3. The 28 days outlined are not structured in a specific order nor do they need to be completed in 28 consecutive days. If you want to jump around on days, go for it! If you would like to stretch this journal out over 28 weeks or walk through it in 28 hours, go for it!
- EXCEPTION:** If you are choosing to have your child(ren) work through the teen version of this devotional simultaneously with you, be sure to talk and agree upon the days you plan to go through it.

Most importantly, my prayer is that you become the #1 prayer warrior and intercessor for your children.

Praying for you as you pray,  
Derry Prenkert

## DAY 1: KNOWING HIM

But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ and be found in Him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. I want to know Christ—yes, to know the power of His resurrection and participation in His sufferings, becoming like Him in His death, and so, somehow, attaining to the resurrection from the dead.

Philippians 3:7-11

We could make a lot of goals for our kids. We, no doubt, have great dreams and aspirations for them. We want what is best, and it is important to remember there is no greater aspiration or goal we should have for them than that they know and experience the fullness of Jesus Christ.

**Pray you would keep this priority and your student would not just “know about” but truly KNOW Jesus.**

*Father,*

*I want a lot of great things for \_\_\_\_\_, but whatever were gains I now consider loss for the sake of Christ in \_\_\_\_\_’s life. What is more, I pray he/she would consider everything a loss because of the surpassing worth of knowing Christ Jesus as Lord. May \_\_\_\_\_ consider them garbage, that he/she may gain Christ and be found in Him, not having a righteousness of his/her own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith.*

*Lord, I want \_\_\_\_\_ to know Christ—yes, to know the power of His resurrection and participation in His sufferings, becoming like Him in His death, and so, somehow, attaining to the resurrection from the dead.*

*Amen.*



## DAY 2: LIGHT

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:14-16

It can get overwhelming when we think about the darkness present in this world. It can get downright scary when we think about our kids walking into that darkness. Yet, here's the thing about darkness... it is simply the absence of light. To put it another way, when light and darkness face off, light wins... **every time**.

Today, pray the light out of your student and into this world.

Lord,

*I believe \_\_\_\_\_ is a light of the world. As he/she steps out in this world, may that light not be hidden, especially in these areas:*

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*Instead, may the light shine and spread to those around. God, allow the light to shine in \_\_\_\_\_'s attitudes and actions in a way that others will see and know that it comes from you, Father in heaven.*

*Amen.*