



What Is It?

Paul's letter to the Philippians broken up into 30 bite-sized devotions for students to study, apply, and use to spend time with God. Each day has a Scripture and reflection questions for the day and for the night before they go to bed.

Ways To Use This Resource:

- Use this devotional alongside any series you are using to get students into God's Word. You could use it alongside a series through Philippians or any other series.
- Have this devotional available with others printed out on a Grow-On-Your-Own cart to point students, small group leaders, and 1-1 mentoring relationships to when they need a Bible reading resource along with anything else you might want to have on the cart.
- Give these "Day & Night" devotionals in your new student welcome bags or pass them out on birthdays with student's favorite candy or drink.
- Make videos of students and favorite small group leaders as they read these daily devotions on your social media accounts.
- Another creative idea you come up with!
- Here's how you print it as a booklet: 1. Install Adobe PDF Reader 2. Export your document to PDF 3. use the "Print Booklet" function of Adobe Reader. 4. You'll need to staple them in the middle.

******If you liked "Day and Night Devotional: Philippians" and leave a 5-star review, I'd love to thank you by sending you another resource of mine that isn't in the DYM store yet. Just email me at sabrinahadro@gmail.com and I will send you that free resource! You can also check out my other resources on the Download Youth Ministry site.***

Blessings to you!

Download Youth Ministry | Day and Night Devotional - Philippians | Sabrina Hadro and Isaac Leimeister

-Sabrina Hadro



You are about to explore the letter the apostle Paul wrote under the inspiration of the Holy Spirit to the church in Philippi (also known as Philippians). Each day and night read the given Scripture. Then, in a prayer to God either out loud, in your heart, or in a journal, answer the reflection questions. All it takes is a few moments each day in God's Word and He will change your heart and work in your life in a powerful way.

The idea for this "Day and Night" devotional comes from **Psalms 1:1-3 (NLT)** which says, "Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the Lord, meditating on it **day and night**. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do."

May you be like that tree planted by the riverbank, growing as a disciple of Jesus and bearing fruit each season.

Day 1:

Scripture: Philippians 1:1-5

Day: How frequently do you think of your brothers and sisters in Christ from your church and other churches in the area and pray for them? Spend time now thanking God for Christian teenagers you and pray that God would strengthen them with grace and peace. Ask God to give them courage to live boldly and humbly for His glory.

Night: Paul was an apostle (one who was sent out by Jesus) who started many churches around the Mediterranean 2,000 years ago. Timothy was his mentee who traveled around with Paul and pastored the church in Ephesus. This "book" of the Bible is actually a letter to the church Paul started in the city of Philippi, written under the inspiration of the Holy Spirit. Paul wrote this letter while he was in jail for preaching about Jesus (check it out in Acts). How might understanding this context help you get a better understanding of how to read and interpret this "book" of the Bible and the Bible as a whole?

Day 2:

Scripture: Philippians 1:6

Day: What good work has God begun in your life? Paul wrote here to the Christians in Philippi about the work of “sanctification.” This simply means the work the Holy Spirit does in a believer’s heart to make them look more like Jesus. It is spiritual maturity. How have you seen the Holy Spirit transform you from the inside (your heart) out (good works overflowing from a heart first changed by Jesus’ good news)? How can Paul be so certain that the “good work” God is doing in you will get “finished?”

Night: When you think about Jesus, how often do you think about how He is going to return? What does that mean for both this present moment and for the future? Since Jesus said He would come back, how should that change the level of urgency with which you share the gospel with non-Christians?

Day 3:

Scripture: Philippians 1:7-8

Day: In what way could you share the “tender compassion of Jesus” with fellow Christians at your school today? Who needs to be encouraged? Who could you text right now saying that they “have a special place in your heart” or how much you are excited to see them, the way Paul expressed to the Philippians?

Night: What did Paul mean when he wrote, “you share with me the special favor of God?” Why do you have favor with God and what is it based on? How often do you feel alone, tired of living God’s way in righteousness, or discouraged in your faith? How does knowing there are 2.56 billion other Christians in the world encourage you to keep following Jesus as His wholehearted disciple?

Day 4:

Scripture: Philippians 1:9-11

Day: Take a moment to pray right now that your love for others would overflow out of a heart that knows you are loved by God first. Ask God to help you to continue to grow in your knowledge and understanding of who Jesus is and what His work on the cross means for your life. Pray that you

would have your priorities straight and understand what really matters in your life.

Night: How are you confused about who produces “purity and blamelessness” in your life? What is the difference between you trying hard to be a good person and Jesus producing righteous character in your heart as you fix your eyes on Him and His glory? What specific “fruit” do you sense God wants to develop in you over the next month?

Day 5:

Scripture: Philippians 1:12-19

Day: What difficult thing in your life might God want to use to “help spread the gospel?” In the midst of your struggle, how have you leaned on God, so others know where your hope comes? How has doubt caused you to go inward and not run to the community of other believers? How might your faith in a time of trial strengthen the other Christians you know?

Night: Who can you text and ask to pray for you right now? Ask the person(s) to pray that the Holy Spirit would give you the strength to make it through your suffering and that God would deliver you from the difficult thing in your life. Thank God now that you don’t need to have perfect motives for God to work in and through your life.

Day 6:

Scripture: Philippians 1:20-26

Day: How have you been ashamed of the gospel of Jesus? When have you watered down your beliefs publicly or simply been silent to not be cancelled? The apostle Paul told the Philippians that He was willing to be bold for Christ even if it led to his death. If you were bold for Jesus at school, work, or in your sports teams and activities what’s the worst thing that could happen?

Night: How does God want to use you with teenagers younger than you to help them “grow and experience the joy of their faith?” How have selfishness and personal preferences hindered you from being a part of what God wants to do in and through you this year?

Day 7:

Scripture: Philippians 1:27-30

Day: What do you think a “citizen of heaven” looks like? How does “conducting yourself in a manner worthy of the good news” *precede* “standing together in one spirit and purpose?” What does it mean to “fight together for the faith?” Pray now and ask God to let your actions match your beliefs today. Call on the Holy Spirit to give you strength to endure insults for being bold for Jesus.

Night: Paul was in prison for sharing the good news (the gospel) of Jesus when he wrote this letter to the church in Philippi. He relied both on the power of the Holy Spirit and his fellow Christians so that he “wouldn’t be intimidated by his enemies.” Because Paul reminds us that we “have the privilege of suffering for [Jesus],” and that we are “struggling together,” how does that change your perspective on what to do with the struggles you are experiencing in life right now? How have you shut others out to your pain instead of “struggling together?” How does it comfort you that suffering is to be expected when you stand up for God?

Day 8:

Scripture: Philippians 2:1-4

Day: Let the Holy Spirit minister to you right now in a quiet and undistracted moment. Experience His fellowship. Let Him comfort you with God’s love. Allow Him to bring to mind encouraging Bible verses and truths about your belonging to Christ. Spend a few unhurried minutes in His presence.

Night: In what circles of influence have you become selfish and prideful, looking out for your own interests first? In what ways do you want to be more tender and compassionate? Who does God want you to love? Who have you had discord with at church that you need to reconcile with and extend grace to?

Day 9:

Scripture: Philippians 2:5-11

Day: Spend time reading through these verses a few times. Meditate on who Jesus is and what He did for you on the cross. Let the magnitude of His sacrifice and the depth of His love sink into your heart and move you to

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