



Hey, fellow youth workers. I want to share a few ways you can use this resource to help your students grow in their relationship with Jesus and build Biblical literacy.

1. Print the devotional off and have it on every chair on Wednesday or Sunday at youth group (especially if you are tying it in with a series on Exodus or Moses). Or, have a “Grow on Your Own” cart with different devotionals that students, adult leaders, or parents can use for discipleship or mentoring.

Here's how you print it as a booklet:

1. Install Adobe PDF Reader
 2. Export your document to PDF
 3. use the "Print Booklet" function of Adobe Reader.
 4. You'll need to staple them in the middle.
2. Upload online. Upload it to your church’s website and have parents or students print it themselves. This would probably be my last resort, because in most instances, it would be hard to get everyone to participate. However, it could empower parents.
 3. Engagement on social media.
 - Post a picture of the devotion each day in your Instagram story.
 - Better yet, post a quick video of a student or adult leader reading the daily devotion.
 - Have students reply to the church account within the story. Keep track of students who do this. Give small prizes to everyone based on participation, or do several drawings throughout the week for slightly bigger prizes. And/or do a special VIP “Sages only” Zoom or in-person party at the end of the 30 days with special games, food, and prizes for anyone who participated or those who replied to the Instagram story daily or texted you if they are using a physical copy.
 4. Engage with it within small groups.

- Have each group make a group chat on their app of choice to be used specifically for engaging with this resource together. Or, for some groups, they might want to do a timed 10-minute check in on Facetime 2 times a week.
 - Have small group leaders communicate and vision cast that if there is 100% group participation, they will earn a pizza party for their small group paid for by the church.
 - Or, have small group leaders incentivize their students for shorter term goals. For each day that a student texts a legitimate thought from the devotion to the group chat, they earn something. Think mini versions of their favorite candy or drink. Reimburse adult leader for purchasing them. Think: if Tommy texted a significant contribution 6 days in a row, he gets 6 small bags of Flaming Hot Cheetos at youth group the Wednesday following. Let each individual student pick what favorite snack is or let each group pick their thing and just give small group leaders a dollar cap amount. For this option, you will just need to communicate really well in advance for your leaders (remember they have day jobs and families, and you need to make this easy for them, so they can actually make this happen.)
5. Pray specifically for each student, small group, and small group leader by name. Use this resource right alongside your students, using that time to focus on how God wants to speak to you through the book of Exodus.

I hope this resource blesses you and your students!

Your fellow youth worker,
Sabrina Hadro



Day and Night Devotional The Book of Exodus

You are about to explore the book of Exodus from the Old Testament of the Bible. It was written by Moses. The first five books of the Bible are called The Torah by Jewish people, and all five books are attributed to Moses.

Each day and night, read the given Scripture in Exodus. Then, spend time in a prayer to God, whether out loud, in your heart, or in a journal. Then answer the reflection questions. All it takes is a few moments each day in God's Word to allow God to change your heart and work in your life in a powerful way.

The idea for this “Day and Night” devotional comes from **Psalm 1:1-3 (NLT)** which says,

“Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the Lord, meditating on it **day and night**. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.”

May you be like that tree planted by the riverbank, growing as a disciple of Jesus and bearing fruit each season.

Day 1:

Scripture: Read Exodus 1

Day: Who are the people listed in verses 1-5, and why does that matter for the rest of this chapter? Who are the Israelites? This chapter is setting the stage for the Israelites Exodus or mass departure from Egypt.

Night: Although God allowed the Israelites/Hebrews (His chosen people descended from Abraham in Genesis) to be enslaved after Joseph died, He chose to protect the baby boys from being killed. What hard things has God allowed in your life? What hard things has He spared you from or answered your prayers about? Take a moment to pray and thank God for His faithfulness in your life even despite suffering.

Day 2:

Scripture: Read Exodus 2:1-10

Day: When verse one talks about the tribe of Levi, Moses is referring to 1 of the 12 sons of Jacob's lineage (which was Joseph's family). The priests of Israel came from the tribe of Levi. Why do you think God so sovereignly spared Moses and still allowed him to be nursed by his mother, who was also paid, when he was brought into the princess' palace? What bigger plan did God have in store?

Night: What things in your life are you tempted to call a coincidence that were actually God's sovereignty? How has He orchestrated details for your good, the good of others, and His glory?

Day 3:

Scripture: Read Exodus 2:11-25

Day: Moses felt torn being a part of the royal Egyptian family but also being a Hebrew by blood. In his anger over injustice, he murdered someone. When have you made a bad choice, because you were either confused about your identity or saw injustice and wanted to make it right in the wrong way? How did God work even that terrible thing that Moses did for the good?

Night: Looking back at verses 23-25, what does this passage say about prayer, suffering, and God's intervention with humanity? What is a

covenant, and why is it important for understanding the Bible and God's character? Who were Abraham, Isaac, and Jacob again? Talk to God in prayer now about suffering you see in the world and in your own life. Ask Him to intervene and then trust that He knows when it is time to act.

Day 4:

Scripture: Read Exodus 3-4:17

Day: When God spoke to Moses in the burning bush, Moses protested 5 times! The one true God who created galaxy upon galaxy was directly speaking to Moses and giving him direct orders, but Moses afraid to do what God was telling him to do. He wasn't swayed by the fact it was really important. What people or groups are you afraid of sharing the Gospel with? Think of a time when the Holy Spirit was prompting you to do something, and you didn't do it because of fear? What did Moses miss out on because of his fear of what others would think?

Night: What is your perception of miracles? Have you seen them? Are you full of faith? In what ways are you skeptical? Why do you think our culture is quick to believe in "sending positive vibes" but even quicker to dismiss anything supernatural? Pray and ask God to open your eyes to the miracles He is working around you! He doesn't always answer the way we would like Him to, or on our timetable, but He is all powerful.

Day 5:

Scripture: Read Exodus 4:18-6:13

Day: The first part of this passage is super weird without any context! Wait, why was God going to kill Moses all of the sudden? Why did Moses' wife cut off his son's foreskin and put it on his foot? One of God's laws was that Israelites were instructed to circumcise their sons on the 8th day of their life, signifying that they belonged to God and His covenant with them (Genesis 17:9-14). Moses was supposed to lead the Israelites to follow God's laws, but he hadn't even circumcised his own son. Ask God to help you today to live a consistent life, living out what you say you believe and not being a hypocrite.

Night: It's understandable why many Christians struggle at first with the concept that "God hardened Pharaoh's heart." But as you read through the rest of this passage, you can see that God did that so He could show the

Day 30:

Scripture: Read Exodus 40:34-38

Day: God showed His glory to the Israelites and came to be among them. God showed them where to go day-by-day with the cloud as they were in the desert on the way to the Promised Land. Ask God to show you today where He wants you to go, who He wants you to talk to, and what He wants you to do. Ask Him to show off His glory for you today and praise Him when He does.

Night: Spend a few minutes thanking God and worshipping Him for what He has done in your heart over the last 30 days in His Word in the book of Exodus. Listen to some instrumental music and sing your own songs to God about His faithfulness to lead you out of the “Egypt” in your life.

What did God speak to you through the book of Exodus?

- 1.
- 2.
- 3.

What Bible study does God want you to do next? Ask your youth pastor or parents for suggestions if you don't have one in mind.

Write down a few Christians and a few non-Christians you could invite to join you on your next study.

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