



What Is It?

Paul's letter to the Ephesians broken up into 30 bite-sized devotions for students to study, apply, and use to spend time with God. Each day has a Scripture and reflection questions for the day and for the night before they go to bed.

Ways To Use This Resource:

- Use this devotional alongside any series you are using to get students into God's Word. You could use it alongside a series through Ephesians or any other series. (I have a 3-week series through Ephesians called "Zombies" in the DYM store.)
- Have this devotional available with others printed out on a Grow-On-Your-Own cart to point students, small group leaders, and 1-1 mentoring relationships to when they need a Bible reading resource along with anything else you might want to have on the cart.
- Give these "Day & Night" devotionals in your new-student welcome bags or pass them out on birthdays with students' favorite candy or drink.
- Copy and paste the daily devotions and post them on your Instagram story.
- Another creative idea you come up with!

******If you liked "Day and Night Devotional: Ephesians" and leave a 5-star review, I'd love to thank you by sending you another resource of mine that isn't in the DYM store yet. Just email me at sabrinahadro@gmail.com and I will send you that free resource! You can also check out my other resources on the Download Youth Ministry site.***

Blessings to you!
-Sabrina Hadro



DAY

AND

NIGHT

DEVOTIONAL

THE BOOK OF EPHESIANS

Day and Night Devotional

The Book of Ephesians

Each day and night, read the given Scripture from the book of Ephesians. Then, in a prayer to God either out loud, in your heart, or in a journal, answer the reflection questions. Take a moment before you start to turn off your phone so you can give God your full attention. All it takes is a few moments each day in God's Word and He will speak to you.

*"Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the LORD, **meditating on it day and night**. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do."*

Psalms 1:1-3 (NLT)



DAY 1

Scripture: Ephesians 1:1-2

Day: According to the apostle Paul, where does grace and peace come from? What areas of your life do you need God's grace for your imperfections? What areas do you need God's peace?

Night: Take a moment to flip to Acts 19 in your paper Bible. This letter that Paul wrote makes more sense when you understand that he wrote it after all the events that happened in Acts 19 (being imprisoned). He is writing this letter to send back to the church in Ephesus that he started there. How might understanding this context, help you get a better understanding of how to read and interpret this "book" of the Bible and the Bible as a whole?

WHAT DID GOD SPEAK TO YOU?

DAY 2

Scripture: Ephesians 1:3-8

Day: Take a moment in prayer today to offer up your own personal thanksgiving to God for saving you from your sins, bringing you into His family, giving you wisdom, and showing kindness to you. He is a personal God who wants a personal relationship with you. Enjoy a few moments of prayer in His presence.

Night: God's plan was always to choose us. Even though we rebelled against Him in Genesis 3 (check it out!), and didn't deserve to be in His family anymore, God's knew He would send Jesus (the Messiah) to "purchase our freedom with (His) blood and forgive our sins." This is how God adopted us into His family—through Jesus. Who do you know who has adopted or was adopted? How does the beautiful picture of adoption help you understand God's love for you?

WHAT DID GOD SPEAK TO YOU?



This preview includes a select number of pages from this resource.

If you like what you see, download the entire resource today!

downloadyouthministry.com