

## Day and Night Devotional Hebrews

You are about to explore the letter to the Hebrews. The author is unknown. Although some speculate it was Paul, Barnabas, or Apollos, we don't even know who exactly it was written to or where they lived. What we do know is that the author assumes the recipients of the letter had a very good understanding of the Old Testament Scriptures.

The idea for this “Day and Night” devotional comes from **Psalm 1:1-3 (NLT)** which says, “Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the Lord, meditating on it **day and night**. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.”

Because you are reading this, it's obvious that you want to be like that tree planted by the riverbank, growing as a disciple of Jesus and bearing fruit each season. If you ever have any questions as you explore, don't hesitate to reach out to your youth leader or parents for help. Another great tool that can help you understand the Bible and what God wants to speak to you through Hebrews can be found by watching the video below.



### Day 1:

#### Scripture: Read Hebrews 1

**Day:** Looking at this chapter, what does the author tell you about who Jesus is? Why does it matter that Jesus is God?

**Night:** Verses 5-14 talk about Jesus being superior or “better” than angels. What did you learn about angels? What comfort does it give you that Jesus created the world and “is always the same and will live forever?” (verse 12)

**Day 2:****Scripture: Read Hebrews 2:1-4**

**Day:** In what ways do these verses make you feel uncomfortable? How have you not taken the Bible (God's Words) as a matter of life and death?

**Night:** Why is Jesus' salvation "great?" What makes His message different from any other religion or influencer? How has God proven that Jesus is Lord?

**Day 3:****Scripture: Read Hebrews 2:5-18**

**Day:** How do these verses show you that Jesus was 100% God AND 100% man? Why did Jesus need to be both to save people from death? What questions do you have about God being "Trinity:" one God, but three distinct persons (Father, Son Jesus, and Holy Spirit)?

**Night:** Why would God choose to save people from their sins? Why not let us all die for our sinful ways? Reflect on what God has saved you from and how He no longer holds your sin against you. How does it impact you that God is your father and Jesus is your brother?

**Day 4:****Scripture: Read Hebrews 3:1-6**

**Day:** Since it is clear this letter was written to people who knew all about God's faithfulness to the Israelites in Genesis-Deuteronomy, why would the author go through such pains to show them that Jesus was greater or "better" than Moses? What does the word "Christ" mean and why does that matter?

**Night:** Look back at verse 6. Jesus is in charge of us, since we are God's house. How have you been living like YOU are in charge of your life? What step could you take today to let Jesus have control over what happens in "your house?"

**Day 5:****Scripture: Read Hebrews 3:7-18, 4:1-13**

**Day:** What does “hardening your heart” look like for you? When do you find yourself shutting God out of your decisions, daily activities, hardships, and relationships?

**Night:** Who do you need to pray for right now that has an “unbelieving heart?” How could you “warn” them in love that they need to turn to Jesus to be saved from God’s wrath and to experience the full life God wants them to have?

**Day 6:**

**Scripture: Read Hebrews 4:14-16, 5:1-10**

**Day:** What is a high priest and why did people need one before Jesus came to Earth and died on the cross?

**Night:** How might embracing Jesus’ humanity, understanding of weakness, suffering, obedience to the Father, and humility, encourage you to approach Him differently when you pray, read the Bible, go to church, worship, etc.?

**Day 7:**

**Scripture: Read Hebrews 5:11-14, 6:1-12**

**Day:** If you claim to be a disciple (follower) of Jesus, in what areas do you still need to mature? How have you lived off someone else teaching you, instead of teaching others how to follow Jesus? In what areas do you need to repent (say sorry and turn to go the other direction)?

**Night:** How is it possible to stay passionate for Jesus and not let your faith become “dull?” In what ways is your life “soaking up the falling rain” in learning about the ways of Jesus, and what “good crops” are coming as a result?

**Day 8:**

**Scripture: Read Hebrews 6:13-20, 7:1-28**

**Day:** What promises did God give in the Old Testament that came true in Jesus? What promises did Jesus make that we are still waiting on? Why do you personally trust God to keep those promises and how does that hope keep you from abandoning your faith?

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