



Series Goal: So many people love zombie TV shows and movies. Using that cultural trend as a loose analogy, this series will take an in-depth look at the book of Ephesians so students can hear and explore an explicit Gospel presentation! We were all dead in our sinful nature before Jesus died for us. We were living a half-life separated from Him. But when Jesus came and died for us and rose again, we were made alive when we believed. Jesus was the cure! Because Jesus has saved us and made us alive, now we live a life “worthy of the calling we have received.” It is a life of freedom, purpose, joy, and hope. This series is Bible heavy, but winsome and application heavy too. It is a great series for friends to hear the Gospel for the first time!

Weekly Breakdown:

Week 1: We Were Dead

Scriptures: Ephesians 1:1-2, Ephesians 2:1-3, 11-12, Ephesians 3:1-11

Response Activity: Personal Reflection Questions

Week 2: We Are Alive

Scriptures: Ephesians 2:1-3, 4-6, Ephesians 2: 8-10, 13-18, 19-22, Ephesians 1: 3-14, 15-23, Ephesians 3:12-13

Response Activity: Respond Challenge

Week 3: Now What?

Scriptures: Ephesians 3:14-20, Ephesians 5, Ephesians 6

Response Activity: Write Your Testimony

Programming Ideas:

Grow On Your Own Idea:

I have a 30-day “Day and Night Devotional” through the book of Ephesians in the Download Youth Ministry store that would be a perfect addition to this series. Print off one for each student in your ministry, give them access to download it, or post the devotions on your social media account to get them in the Word and growing on their own.

DYM Zombie Game Ideas:

[Zombie Break](#)

[Zombie Night](#)

[Humans Vs. Zombies](#)

[Real or Fake: Zombie Frappuccino Edition](#)

[Surviving Zombies](#)

[Zombie Trap](#)

[Zombie Bunny](#)

Other Free Zombie IRL Games:

[Zombie Apocalypse Night](#)

[Zombie Apocalypse](#)

[Zombie Tag](#)

[Infection](#)

Musical Worship Ideas:

Glorious Day-Passion City Music

All Because of Jesus-Steve Fee

Living Hope-Phil Wickham

Nail Scarred Hands-Dante Bowe

What He's Done-Passion

Homecoming-Cory Asbury

Dead Man Walking-Jeremy Camp

******If you liked “Zombies” and leave a 5-star review, I’d love to thank you by sending you another resource of mine that isn’t in the DYM store yet. Just email me at sabrinahadro@gmail.com and I will send you that free resource! You can also check out my other resources on the Download Youth Ministry site.***

Blessings to you!

-Sabrina Hadro



What's up, students? If I could be anywhere in the world during a zombie apocalypse, I'd be here with you! Just kidding—I would be _____. For those of you who don't know me, my name is _____ and I would love the privilege of eating your arm or just learning your name and getting to know you, so please come up to me after service so I can eat you... I mean meet you.

As you can, we are going to be starting a new 3-part set of teachings in the Bible called "Zombies." You might be looking around right now and thinking, wait, I don't remember memorizing any Bible verses about zombies in my kids' ministry class. You would be right. The Bible doesn't talk about zombies, but as we look in the New Testament letter to the Ephesian church for the next 3 weeks, I think you are going see why we named this series "Zombies." Before we open the Bible and hear God speak to us through His Holy Spirit, turn to the person on your right and tell them what weapon you would choose to defend yourself in a zombie apocalypse. Now turn to the person on your left, and tell them they look really good today for being a zombie!

Let's pray, and then I'll explain more.

[Pray to open]

Here's the sad truth, ya'll: if a zombie apocalypse happens, we don't need to worry (but don't worry anyway because zombies are from movies—duh!). But why don't we need to worry? Well, because all of us are already dead.

What?

You and I and all the actors in all the hundreds of zombie movies and TV shows are already dead. Don't believe me? It's totally in the Bible. Let's read it together. Open with me to the New Testament letter from the apostle Paul to the church in Ephesus. We call this book Ephesians. Let's go to Ephesians 1:1-2 and then jump to Ephesians 2:1-3.

Ephesians 1:1-2 (NLT)

“This letter is from Paul, chosen by the will of God to be an apostle of Christ Jesus. I am writing to God’s holy people in Ephesus, who are faithful followers of Christ Jesus. May God our Father and the Lord Jesus Christ give you grace and peace.”

So that’s the apostle Paul I was telling you about. He’s writing the first few lines of the greeting in his letter to the people in the church of Ephesus, just as if one of the former pastors of our church _____ were writing a letter to us.

But wait, where does it say we are all dead? Let’s get to the good zombie stuff!

Ephesians 2:1-3 (NLT)

“Once you were dead because of your disobedience and your many sins. You used to live in sin, just like the rest of the world, obeying the devil—the commander of the powers in the unseen world. He is the spirit at work in the hearts of those who refuse to obey God. All of us used to live that way, following the passionate desires and inclinations of our sinful nature. By our very nature we were subject to God’s anger, just like everyone else.”

What did he say? “Once you were dead.” Which means, those people he was writing to are now alive. But they were dead. Why were they dead? “You used to live in sin...obeying the devil—the commander of the powers in the unseen world...at work in the hearts of those who refuse to obey God.”

Where do you think all these screenwriters get their ideas for their Halloween movies and shows? The devil is real, ya’ll! There is an unseen world, and although it may not involve ghosts or zombies, it is real, and it is serious. Sin is serious, and it has got its hooks in all of us.

At first it sounds like Paul is saying just some people in this church in Ephesus were dead. But look back at verse 3. *“All of us used to live that way.”*

One thing to note: the reason we have all these letters from Paul as books of the Bible is that Paul expected the different churches he started to share each other’s letters.

RESPOND CHALLENGE

- † Be saved from your sin by repenting and believing that Jesus is your Savior and Lord
- † Baptism: public declaration of faith; testimony prepared w/small group leader or staff
- † Select an accountability partner from your small group who would challenge and encourage you in your relationship with God
- † Share testimony in small group and with a non-Christian friend (developed with small group leader)
- † Read Paul's entire letter to the Ephesians in the Bible
- † Invite 2 unchurched friends to youth group
- † Use your gifts and availability to serve in another ministry within the church

RESPOND CHALLENGE

- † Be saved from your sin by repenting and believing that Jesus is your Savior and Lord
- † Baptism: public declaration of faith; testimony prepared w/small group leader or staff
- † Select an accountability partner from your small group who would challenge and encourage you in your relationship with God
- † Share testimony in small group and with a non-Christian friend (developed with small group leader)
- † Read Paul's entire letter to the Ephesians in the Bible
- † Invite 2 unchurched friends to youth group
- † Use your gifts and availability to serve in another ministry within the church

RESPOND CHALLENGE

- † Be saved from your sin by repenting and believing that Jesus is your Savior and Lord
- † Baptism: public declaration of faith; testimony prepared w/small group leader or staff
- † Select an accountability partner from your small group who would challenge and encourage you in your relationship with God
- † Share testimony in small group and with a non-Christian friend (developed with small group leader)
- † Read Paul's entire letter to the Ephesians in the Bible
- † Invite 2 unchurched friends to youth group
- † Use your gifts and availability to serve in another ministry within the church

RESPOND CHALLENGE

- † Be saved from your sin by repenting and believing that Jesus is your Savior and Lord
- † Baptism: public declaration of faith; testimony prepared w/small group leader or staff
- † Select an accountability partner from your small group who would challenge and encourage you in your relationship with God
- † Share testimony in small group and with a non-Christian friend (developed with small group leader)
- † Read Paul's entire letter to the Ephesians in the Bible
- † Invite 2 unchurched friends to youth group
- † Use your gifts and availability to serve in another ministry within the church

Zombies

Week 2: We Are Alive



Ephesians 2:1-3 _____.

Ephesians 2:4-6 _____ God is so rich in mercy!

Ephesians 2:8-9 God saved you _____.

Ephesians 2:13 I was _____ . Now I have been brought near through Jesus.

Ephesians 1:3-13 I am _____ into God's family.

Ephesians 3:12. I can _____ God.

Ephesians 2:10. I am God's _____.

Ephesians 2:13-22 Jesus broke down the _____ that separated us.

The cure for being a zombie is _____.

Zombies

Week 2: We Are Alive



Ephesians 2:1-3 **WE WERE DEAD.**

Ephesians 2:4-6 **BUT** God is so rich in mercy!

Ephesians 2:8-9 God saved you **WHEN YOU BELIEVED.**

Ephesians 2:13 I was **FAR AWAY.** Now I have been brought near through Jesus.

Ephesians 1:3-13 I am **ADOPTED** into God's family.

Ephesians 3:12. I can **BOLDLY APPROACH** God.

Ephesians 2:10. I am God's **MASTERPIECE.**

Ephesians 2:13-22 Jesus broke down the **WALL** that separated us.

The cure for being a zombie is **JESUS ALONE.**

This preview includes a select number of pages from this resource.

If you like what you see, download the entire resource today!

downloadyouthministry.com