



[Leader Note: Provide an introduction at the start and then transition into the series content.]

We're in week 3 of our series about relationships called *No Strings Attached*. It has been incredible so far – excited about where we get to go today, too! We're talking about SEX. Heyo! That's right ... sex ... or, making love, doing it, changing the oil, rotating the tires. Wait, I think somehow I started talking about basic car care in there somewhere. Either way, we're talking about getting it on, doing the deed, losing your virginity, getting jiggy with it, jumping your bones, getting freaky in the bedroom.

Week 1 of the series we talked to the girls about being a great woman of God and how to be a great girlfriend. All of the ladies got a pink piece of yarn to symbolize the commitment to dating God's way. We also talked to the guys week 1, about being a man of God, what it means to lead the relationship, how to be a great boyfriend, and how to do dating right. The guys got a blue wristband. Last week, we talked about how porn kills love and how porn cheapens and cheats sex for a lifetime. And we challenged you to take a black piece of yarn as a symbol, that you will confess, get accountability and break up the love affair with pornography in all forms.

So we had pink for the ladies and we had blue for the boys, but today we're talking about purple [We played the song, "Let's Get It On" at this point.] At the end of our meeting tonight, if you want to commit to God's ways, grab a purple piece of yarn because pink & blue make purple, and tie it to your wrist, too!

If you don't know what sex is, let me fill you in. Freshman, listen up. Actually, sex is all sorts of things. "Sexual activity" is probably a more accurate description of what we're talking about today: making out, rounding the bases, friends with benefits, a heavy make out session, oral

sex, hand job – all of those are sexual activity. But usually, when people talk about “sex” they are talking about intercourse, which means the man’s penis entering the woman’s vagina. Yup, I just said penis and vagina ... in church.

You are a sexual person! The reason you’re giggling is because you recognize that! You, like everyone on the planet, is a sexual creature. Everyone has a sex drive. Of course, for some people it is more complex than others ... here’s an example:

- Girls [\[display image of a machine with complex knobs, buttons and switches\]](#)
- Guys [\[display image of a simple on/off wall switch\]](#)

Guy or girl ... horny or not ... we all have a sex drive. This whole sex thing was designed and created by God, and to be used in the right way, the way He designed. Now like I said, all of us are different and you may know that all too well right now, your hormones are raging, and some are probably just now discovering the excitement of your newfound sex drive. It isn’t bad or something to be ashamed of – everyone develops at a different rate and is wired differently. And sex is something we need to talk about. It isn’t just a teenage urge or feeling, it is one you’ll have for a lifetime, or at least until you’re 60-years-old and need Cialis. Those commercials are so disturbing ... I’m sorry ... [\(show a Cialis clip?\)](#) ... I still don’t understand what the image of two people in separate bathtubs on a hillside has to do with sex, but anyhow...

For a long time, churches wouldn’t talk about sex, when actually the Bible talks about it a lot. Let me give you a couple examples:

Your rounded thighs are like jewels, the work of a skilled craftsman. (Heyo)
Your navel is perfectly formed like a goblet filled with mixed wine. (Not sure what that is, but I’m all in.) *Between your thighs lies a mound of wheat bordered with lilies.* (Hey girl, I love that mound of wheat down there ...

What the what?). *Your breasts are like two fawns, twin fawns of a gazelle.*
Song of Solomon 7:1-3

Some of you are thinking ... man, I need to read my Bible more!!! 50
Shades of Solomon right now.

The Bible has a lot to say about sex. We are sexual creatures!

Sex is embedded in our culture. Let me show you what I mean, listen to
this [\[play audio or video clips\]](#):

1) Selena Gomez “Look Good For You”

2) [\[select some popular songs with sexual lyrics\]](#)

Here are some of the lyrics of

3) Trap Queen

Let me show you how proud I am to be yours
Leave this dress a mess on the floor
And still look good for you, good for you,

We’re wired sexually, we’re sexual beings, sex is happening all of the time.
Let me let you in on a little secret – SEX is the reason you are here. That’s
right, your parents got naked and things happening and 9-months later,
there you were. I know, right? That’s SOOOOooooooo gross!!! Your parents
had sex ... at least once. Ugh.

Well, it happened, and chances are, you’re going to have sex, too. Let me
tell you about my first time.

It was a dark and stormy night. I saw her from across the room. And she
was lovely. She was wearing this smoking dress and looked so hot. We
made eye contact and it was on.

Got into a car. Headed to the hotel room. It was the first time I ever had sex ... it was amazing ... it went kinda quick (but that's another story for another time) ... **and it was my wedding night.**

Now let me tell you this – it wasn't EASY not having sex AT ALL! I struggled with temptation all of the time. This good-looking guy [or girl] [\[wave at yourself\]](#)? Women [or men] were all over me (laughing) ... but let me just say this, I know it is difficult. God's way requires discipline, accountability, and picking yourself up after failing by crossing boundaries.

There's really two pretty clear schools of thought about sexual activity, both on opposite sides of the argument. One that says you can have sex, all you want, go nuts, maybe at least like the person a little bit ... or, you can have all the sex you want, just keep it between the one person in the world who you commit to for the rest of your life.

Let's just make sure we know how it works and God's plan for it. Here are the options:

The World's Plan

Do WHAT you want, WHEN you want and with WHOEVER you want

God's Plan

Have a great time for a lifetime ... 1 man + 1 woman, within 1 marriage.

Let's back up a bit. Let's talk about the physical progression of a typical relationship.

1. **Eye to body** – it all starts with the look. You're dolled up and he sees you. Guys are typically intensely visual, so I know guys can relate to this. Some dude elbows his buddy, "dude, she's so hot, check her out." And his buddy is like ... "It's a mannequin." It is a piece of plastic made to look like a woman, and the guy is turned on.

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